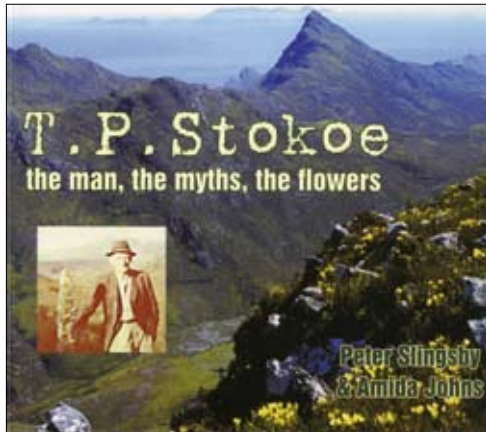


# BOOKS

New publications about our magnificent country and its inspiring people.  
COMPILED BY MARIE-CLAIRE SEEMANN



## BOOK OF THE MONTH

### A Man of Flowers

*T. P. STOKOE. the man, the myths, the flowers* is a delightful book and should have wide appeal. Nostalgic, funny, inspiring and poignant by turns, it's the story of legendary botanical explorer T. P. Stokoe (known simply as TP) who was still climbing mountains at the age of 91. Driven by an insatiable passion for wildflowers, he collected 130 species of Cape flora, many from almost inaccessible places, and all new to science. Thirty of these – and one beetle – bear his name. An artist, conservationist and intrepid trailblazer, TP left a priceless legacy – a richer understanding of the Cape Floral Kingdom.

This is no dry scientific treatise but a lively account. And if a book on botany can have a happy ending, this one has it. The closing story of *Mimetes stokoei* is a page turner.

Beautifully illustrated and including many of TP's paintings, the book is destined to become a collector's item. Not only for botanists either. Anyone inspired by remarkable people will be fascinated.

To order your copy contact the publishers.

**Reviewer:** Andrea Abbott

**Authors:** Peter Slingsby and Amida Johns.

**ISBN:** 978-1-91990-096-4

**Publisher:** Baardskeeper 021 788 4545

**Price:** R295

**Giveaway code:** TP (1 signed copy)

### Home Grown Goodness

The enjoyment and rewards of growing your own food are never ending and Jennifer Godbold-Simpson's *Food from your Garden* is the perfect reference book to help you start growing your own fruit, herbs and vegetables. Clearly set out, the book is aimed at the novice as well as the more experienced gardener and explains everything from improving soil quality, how to make compost to what the ideal temperatures are for successfully growing a variety of fruits and vegetables.

The very handy Vegetable Sowing Chart at the back of the book makes it easy to see at which time of year specific fruits and vegetables are best planted in which province and the occasional hint, tip and recipe contribute to making this book an excellent addition to the organic urban (and rural) gardener's library.

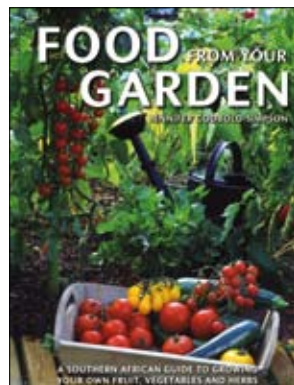
**Author:** Jennifer Godbold-Simpson

**ISBN:** 978-1-77007-682-2

**Publisher:** Struik

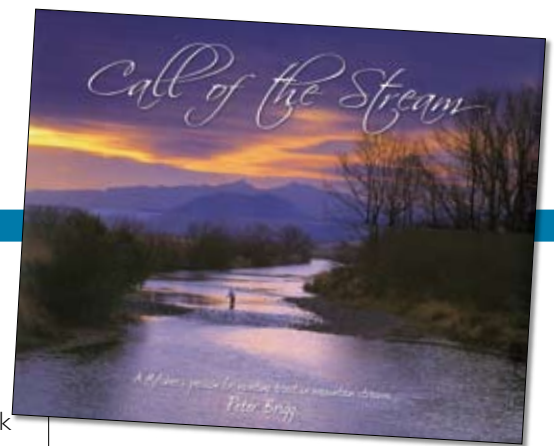
**Price:** R190

**Giveaway code:** Food (3 copies)



## Giveaways

We are giving away free copies of all the books reviewed on this page. SMS CL and the giveaway code (e.g. 'CL TP'), followed by your name and contact details, to 35916 before 31 December 2009. R3 per SMS.



### The Allure of the Mountain Stream

The notion of flyfishing has always held great appeal for me, possibly because it combines the skills of both making the flies and putting them to use when catching trout. Peter Brigg's love of this age-old pursuit is palpable in *Call of the Stream*, an evocative and beautifully photographed introduction to fishing in the mountain streams and rivers of KwaZuluNatal and other parts of Southern Africa.

**Author:** Peter Brigg

**ISBN:** 978-1-91968-877-0

**Publisher:** Art Publishers

**Price:** R415

**Giveaway code:**

Stream (3 copies)

### Southern African Flora

*Guide to Succulents of Southern Africa*

is highly recommended for anyone interested in introducing these beautiful and uniquely Southern African plants into their own garden. The guide is clearly laid out and each succulent is accompanied by a colour photograph, making for easy identification.

A wonderful introduction to this diverse flora.

**Authors:** Gideon

F. Smith and

Neil Crouch

**ISBN:**

978-1-77007-662-4

**Publisher:**

Random Struik

**Price:** R135

**Giveaway code:**

Succulents (3 copies)

